Hall, Kordach ( 2010) – Compendium of Selected Resilience and Related Measures

for Children and Youth, *The child & family partnerships.*

**Resilience-based measures:**

1. Devereux Early Childhood Assessment Program **(Pre-school to age 5 only)**.

62 item questionnaire that deals with potential behaviour problems (aggression, attention problems, emotional control, withdrawal/depression).

* Initiative – capacity to use independent thought and actions to meet needs
* Self-control – ability to experience and socially express a wide range of

feelings

* Attachment – persistent relationships between child and significant adults
* Behaviour concerns

Purpose: screening, profiling for intervention, monitoring /measuring change

1. Devereaux Student Strengths Assessment. **(School age 5-14).**

72 item rating scale that assesses social-emotional competencies that serve as protective factors. It is entirely strength-based and queries positive behaviours.

* Self-awareness
* Social awareness
* Self-management
* Goal-directed behaviour
* Relationship skills
* Personal responsibility
* Decision making
* Optimistic thinking

Purpose: screening, profiling for intervention, monitoring /measuring change

1. Resiliency Scales for Children & Adolescents (Youth from 9 to 18/ three age ranges 9-11, 12-14, 15-18)

Three scales with ten subscales

* Sense of Mastery – optimism, self-efficacy, adaptability
* Sense of Relatedness – trust, support, tolerance
* Emotional Reactivity – sensitivity, recovery, impairment

It identifies children with low personal resources and high vulnerabilities. A problem checklist that does not cover family or external resources.

Purpose: screening

1. Child & Youth Resilience Measure

A 58 item screening tool that identifies the resources (individual, relational,

communal, cultural) available to youth ages 12-23 and which bolster resilience.

1. Assessing Developmental Strengths Questionnaire

Three self-report measures of 31 developmental strengths for youth 9-12/13, 13- 24, and 18 or older. Covers 12 internal and 19 external strengths. Provides basis for early intervention, strategic planning, evaluating intervention effectiveness.

Purpose: screening, profiling for intervention

1. The Resiliency Attitudes and Skills Profile

34 item scale that measures seven dimensions:

* Insight
* Independence
* Creativity
* Humour
* Initiative
* Relationships
* Values

Purpose: screening

1. Interpersonal Competence Scale

18 items for age 8-16 that measures:

* Social competencies
* Emotional behaviours
* Academic competencies

Purpose: screening

1. Behavioural and Emotional Rating Scale

52-item scale that measures five strength areas:

* Interpersonal strengths
* Family involvement
* Intrapersonal strengths
* School functioning
* Affective strengths

Purpose: screening, profiling for intervention

1. Emotional Quotient Inventory

30 or 60 item measures for ages 7-18. Can be used for individuals or whole schools. Contains five scales:

* Intrapersonal
* Interpersonal
* Stress management
* Adaptability
* General mood

Purpose: screening, profiling for intervention