**Section One**

What is your date of birth? Day \_\_\_\_\_, Month \_\_\_\_\_, Year \_\_\_\_\_\_\_

What is your sex? (Please check with a **√** ) Male \_\_\_\_\_ , Female \_\_\_\_\_\_

What is your grade in school? (Please check with a **√** ) 6 \_\_, 7 \_\_, 8 \_\_, 9 \_\_, 10 \_\_, 11 \_\_, 12 \_\_

Who do you live with? \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

How long have you lived with these people? \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

How many times have you moved to live with other people in the past 5 years? \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Please describe those who you consider to be your family (For example, 1 or 2 biological parents, siblings, friends on the street, a foster family, an adopted family, group home caregivers)

\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

**SECTION TWO**

**Read each statement and the number that BEST describes you.**

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
|  | **Not at All** | **A Little** | **Some-what** | **Quite a**  **Bit** | **A Lot** |
| 1. I feel good about who I am | **1** | **2** | **3** | **4** | **5** |
| 2. I know if I work hard I will succeed | **1** | **2** | **3** | **4** | **5** |
| 3. I am not afraid to take a risk if it will help solve a problem | **1** | **2** | **3** | **4** | **5** |
| 4. I ignore peer pressure when I make an important decision | **1** | **2** | **3** | **4** | **5** |
| 5. Accessing the internet helps me solve problems | **1** | **2** | **3** | **4** | **5** |
| 6. I have at least one adult at school that I can turn to for help | **1** | **2** | **3** | **4** | **5** |
| 7. I know what I want for my future | **1** | **2** | **3** | **4** | **5** |
| 8. My teachers/counselors help me get through rough times | **1** | **2** | **3** | **4** | **5** |
| 9. I get a lot of pleasure out of helping others | **1** | **2** | **3** | **4** | **5** |
| 10. No matter what happens, I will make it | **1** | **2** | **3** | **4** | **5** |
| 11. I am able to let go of the bad things in life | **1** | **2** | **3** | **4** | **5** |

**For SECTION THREE here are a few terms you may not be sure about.**

9. Spiritual beliefs can be the religious beliefs of the church you attend OR your beliefs about how the world should be.

10. Your ethnic background is your family history (e.g. – Irish, Scottish, Jewish, French, English, Native Canadian, Chinese)

**SECTION THREE**

**Read each statement and the number that BEST describes you**

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
|  | **Not at All** | **A Little** | **Some-what** | **Quite a**  **Bit** | **A Lot** |
| 1. I have people I look up to | **1** | **2** | **3** | **4** | **5** |
| 2. I cooperate with people around me | **1** | **2** | **3** | **4** | **5** |
| 3. Getting an education is important to me | **1** | **2** | **3** | **4** | **5** |
| 4. I know how to behave in different social situations | **1** | **2** | **3** | **4** | **5** |
| 5. My parent(s)/caregiver(s) watch me closely | **1** | **2** | **3** | **4** | **5** |
| 6. My parent(s)/caregiver(s) know a lot about me | **1** | **2** | **3** | **4** | **5** |
| 7. If I am hungry, there is enough to eat | **1** | **2** | **3** | **4** | **5** |
| 8. I try to finish what I start | **1** | **2** | **3** | **4** | **5** |
| 9. Spiritual beliefs are a source of strength for me | **1** | **2** | **3** | **4** | **5** |
| 10. I am proud of my ethnic background | **1** | **2** | **3** | **4** | **5** |
| 11. People think that I am fun to be with | **1** | **2** | **3** | **4** | **5** |
| 12. I talk to my family/caregiver(s) about how I feel | **1** | **2** | **3** | **4** | **5** |
| 13. I am able to solve problems without harming myself or others  (for example by using drugs and/or being violent) | **1** | **2** | **3** | **4** | **5** |
| 14. I feel supported by my friends | **1** | **2** | **3** | **4** | **5** |
| 15. I know where to go in my community to get help | **1** | **2** | **3** | **4** | **5** |
| 16. I feel I belong at my school | **1** | **2** | **3** | **4** | **5** |
| 17. My family stands by me during difficult times | **1** | **2** | **3** | **4** | **5** |
| 18. My friends stand by me during difficult times | **1** | **2** | **3** | **4** | **5** |
| 19. I am treated fairly in my school | **1** | **2** | **3** | **4** | **5** |
| 20. I have opportunities to show others that I am maturing and can act responsibly | **1** | **2** | **3** | **4** | **5** |
| 21. I am aware of my own strengths | **1** | **2** | **3** | **4** | **5** |
| 22. I participate in organized religious activities | **1** | **2** | **3** | **4** | **5** |
| 23. I think it is important to help out in my school | **1** | **2** | **3** | **4** | **5** |
| 24. I feel safe when I am with my family/caregiver(s) | **1** | **2** | **3** | **4** | **5** |
| 25. I have opportunities to develop skills that will be useful later in  life (like job skills and skills to care for others) | **1** | **2** | **3** | **4** | **5** |
| 26. I enjoy my family's/caregiver’s cultural and family traditions | **1** | **2** | **3** | **4** | **5** |
| 27. I enjoy my community's traditions | **1** | **2** | **3** | **4** | **5** |
| 28. I am proud to be Canadian (Other Nationality: \_\_\_\_\_\_\_\_\_\_\_) | **1** | **2** | **3** | **4** | **5** |

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